




21  **Wholly Handmade October 2017** (The Agora - Strathcona County Community Centre, 401 Festival Lane, Sherwood Park) 10am - 5pm. Over 90 handmade artisans and crafters on display. There is something for everyone! Get started on your Christmas shopping, or pick up gifts for yourself. Contact kingsleyevents@shaw.ca

24,31  **Council Organizational Meeting - Live webcast available** (Council Chambers, 401 Festival Lane, Sherwood Park, AB T8A 5T8) 9am - 9pm. The In-Camera portion of the Council meeting is closed to the public to discuss matters as permitted under the Freedom of Information and Protection of Privacy Act. The open session of the Council meeting commences at 2:00 p.m. (unless otherwise noted on the agenda) and members of the public are welcome to attend. Council meeting times are subject to change. For further information, see the Council Agenda at below listed link. <http://www.strathcona.ca/departments/legislative-legal-services/council-meetings/agenda-packages-minutes-webcasts/> For the complete list of all Council/Priorities Committee Meetings, see below link for the 2017 calendar. http://www.strathcona.ca/files/files/2017_meeting_dates_schedule.pdf Contact Legislative Officer, Legislative & Legal Services, legislativeofficer@strathcona.ca, 780.464.8105 or 780.410.8577

24  **Community Blood Donor Clinic** (Centre in the Park - Agora, 401 Festival Lane, Sherwood Park) 3 - 7pm. Come out and save a life by donating blood today. New Blood Donors are always welcome. Contact 1.888.2donate (236.6283)

24  **H.E.A.R.T.S. Baby Loss Support Program** (Upper Level, Brentwood Professional Building 50 Brentwood Boulevard, Sherwood Park) 7 - 9pm. H.E.A.R.T.S. stands for Helping Empty Arms Recover Through Sharing and was created in 1996. The program exists to offer support for anyone touched by the loss of a baby during pregnancy or any time after birth. Join us for an evening of sharing our stories and learning about the many ways to incorporate healing into this unique grief journey. For more information on joining this confidential, supportive, caring and educational program, please send us an email or call our office. Contact Cheryl Salter-Roberts, Email heartsbabyloss@shaw.ca, Phone: 780.464.3217

26  **Seniors' Fitness Day** (Millennium Place, 2000 Premier Way, Sherwood Park) 10:15am - 12:15pm. Join us for a fitness class and a guest speaker! Fitness class: Better Backs. Guest Speaker: Eye Health with optometrist from Doctors EyeCare, Please visit our webpage for more information! Contact Terry at 780.416.3300

27,28,29  **Christmas in October Craft & Gift Sale** (100 Festival Way, Festival Place, Sherwood Park) 1 - 8pm - Come out and Support the Strathcona's Christmas Bureau, \$1.00 Door Donation Christmas in October Craft & Gift Sale, Friday, October 27 - 1:00-8:00 p.m., Saturday, October 28 - 10:00 - 5:00 pm, Sunday, October 29 - 12:00 - 4:00 pm., Please tell all your family and friends to come JOIN US to make this a successful event for the CHRISTMAS BUREAU, See you there. Contact Kathy Saul 780.461.2003 www.xmasinooctober.com Follow us on Facebook,

28  **Spooky Saturday at the Museum** (Strathcona County Museum, 913 Ash Street Sherwood Park) 6 - 9pm. Spooky Saturday is waiting. The ghosts come out as the Museum turns down the lights for its 5th year of Halloween fun. Get your family and friends together and try out your costumes early. Flashlights recommended. Tickets at the door. Cash only. Contact www.strathconacountymuseum.ca, assist.scm@shaw.ca or 780.467.8189

Now Available HOME DELIVERY SERVICE

IVC will provide a Home Delivery Service for the Chef's Choice Meals.

- A minimum order of \$40.
- Meals have to be ordered one week in advance by Thursdays
- \$6.00 Delivery fee will apply
- Payment of the order must be made with credit card by calling Caron @ 780.464.4242



Chef's Choice Frozen Meals Strathcona County

Made locally with fresh ingredients by professional chefs, Chef's Choice is a **convenient, affordable source of meals and snacks** that are ready when you are. Nutritious frozen entrees, soups, and sweets. Priced from \$4.50 to \$7.00 and available for pickup at the following locations:

IVC Office: 100 Ordze Avenue (Mon-Fri. 8.30-4.30)
Order by phone: 780.464.4242 during regular office hours.
Please contact Caron for further information

- Silver Birch Lodge, 914 Bison Avenue
** Now available for **RURAL RESIDENTS!**
- Antler Lake/Uncas Community League
1A, 52343 RR 211
Thursdays 7-8 pm
Or Contact: Phil 780.922.5207
- Bruderheim/Lamont—Town of Bruderheim
Sherry—780.919.5515
- Dr. Turner Lodge
Fort Saskatchewan
Contact: 780.998.3321
- Provost-
Contact: FCSS Provost-780.753.2542



October 2017

There is always something happening in Sherwood Park/ Strathcona County. The Community Connection allows local groups to share their upcoming events.





Information & Volunteer Centre
FOR STRATHCONA COUNTY

1-25  **Quiet Stories from Canadian Places Exhibit by Heather M. Cline** (Gallery@501, 501 Festival Avenue, Sherwood Park) In 2016, Heather Cline visited Strathcona County to work with schools in our community. During the week long residency, Cline interviewed local persons for their "stories from Canadian places" which she is using to create the audio component that complements the paintings in this exhibit. "Quiet Stories from Canadian Places" engages artists, audiences, students, teachers, seniors, craft-persons, singers, and musicians while embracing Albertan/Canadian historical and contemporary culture. Contact 780.410.8585, artgallery@strathcona.ca


3,10,17,24,31  **Toastmasters Club meetings-Morning Challengers** (20 Fir Street, Sherwood Park) Meets Tuesdays 7 - 8.30am at the Sherwood Park United Church. Find the club that best suits your time constraints. All meetings are subject to change. Call Indira @ 780.464.5084 before attending.


3,10,17,24,31  **Hastings Lake Play Group** (Hastings Lake Hall, 51080 Range Road 204) 10am - 12pm. - Please join us every Tuesday! Parents and Children of All Ages are welcome. We have themed play days, free play and crafts, Just drop in. Please contact Andrea for more information: 780.662.2414

3,10,17,24,31  **South Cooking Lake Senior's Association** (#102, 22106 South Cooking Lake Road, South Cooking Lake) Tuesdays at 1 pm and Fridays at 7 pm. Activities include cards, horseshoes, cribbage, pool, shuffleboard, carpet bowling. Potluck at noon, second Tuesday of every month. Minimum age 55. For more information please contact Vi Haase 780.922.2174


3,10,17,24,31  **Deville Market@North Cooking Lake Hall** (21033 Wye Road, Sherwood Park) 4 - 8pm. We have a large variety of Nut Man Snacks & candies, beautiful Metal Art Designs, Barbecue Tools, Knife Sets, a great variety of garlic sausage, beef jerky and to go with those how about some fresh buns topped off with a freshly baked pie. Come join us where the coffee is always on! Contact Sylvia Lynn- Market Manager 780.909.6170


3,10,17,24,31  **Hastings Lake Hall - Bookmobile** (Hastings Lake Hall, 51080 Range Road 204) 4 - 5pm. Are you looking for fiction? self-help books, CD'S, videos or DVD's? Come to the bookmobile at Hastings Lake Hall. Learn more about the Bookmobile. Contact Strathcona County Library 780.410.8615


3  **La Source-franco!** (Perks Coffee House, 2016 Sherwood Drive, Sherwood Park) 7 - 9pm - Ajoutez-vous à La Source! V'nez prendre un café en français tous les 1e mardis du mois de 19 à 21h. Pour le courriel promotionnel et pour confirmer votre présence, textez Marie au 780.720.9160. Contact Marie -- 780.720.9160.


3,10,17,24,31  **Toastmasters Club meetings-Bowmen** (501 Festival Avenue, Sherwood Park) Meets Tuesdays 7 - 9pm at the Strathcona County Community Centre. Find the club that best suits your time constraints. All meetings are subject to change. Call Marilyn @ 780.922.3894 before attending.


4  **Community Garden Open House – General Session** (Community Centre, Agora, 401 Festival Lane, Sherwood Park) 4 - 6pm. This session is open to anyone interested in learning about community gardens. What will you learn? Find out what it takes to start a neighbourhood community garden. Find out what support is available. Learn about project timelines and the application process. Why community gardens need community support. Help build community interest and bring a neighbour to be entered to win a small door prize! Contact Transportation and Agriculture Services, 780.417.7100, Email: transportationandagriculture@strathcona.ca


4,11,18,25  **Weekly Caregivers Meeting** (Strathcona County Library (2nd Floor), 401 Festival Lane, Sherwood Park) 10am - 12pm. Please Note: Caregivers Association offers an 8 - week course. It is highly recommended. For more information call: 780.453.5088

4,11,18,25  **Sherwood Park Farmers Market** (Festival Place Parking Lot, 100 Festival Way, Sherwood Park) 4 - 8pm. Fresh local produce, meats, bread, baking, chocolate, fudge, honey, jewellery, crafts, etc. All made or produced locally. Join us every Wednesday year round. Contact Market Manager 780.464.3354

4,11,18,25  **Toastmasters Club meetings -Forward Thinkers** (401 Festival Lane, Sherwood Park) Meets Wednesdays 7 - 9pm in the Community Centre, Room 5. Find the club that best suits your time constraints. All meetings are subject to change. Call Steve @ 780.467.3848 before attending.

5,12,18,26  **Salisbury Farmer's Market** (Salisbury Greenhouses Ltd., 52337 Rge. Rd. 232, Sherwood Park) 4:30 - 8pm. Celebrate delicious local Alberta foods and quality crafts. Call for vendor details or table availability. Call the Market Coordinator at 780.238.2203

11  **eLibrary for students** (Strathcona County Library, 401 Festival Lane, Sherwood Park) 7 - 8pm - This free program is for students grades 3-12 with their parents. Learn about our online student resources and get some hands-on practice to steer you to the head of the class. You can register for this free program in person at the Strathcona County Library, online at www.sclibrary.ca or call 780.410.8600


14  **Community Blood Donor Clinic** (Bethel Lutheran Church, 298 Bethel Drive) 9am - 2pm. Come out and save a life by donating blood today. New Blood Donors are always welcome. Contact 1.888.2donate (236.6283)


150 for 150 Volunteer Challenge





The 150 for 150 Volunteer Challenge will celebrate the energies and contributions of volunteers from across Strathcona County. Residents are encouraged to volunteer AND register their hours throughout the year with a goal of making it to 150 hours volunteered in 2017!

IVC will be celebrating ALL volunteer contributions for our community. For more information or to register go to www.ivcstrathcona.org.

16  **Small Business Week Conference** (Strathcona County Community Centre - Agora, 401 Festival Lane, Sherwood Park) 7:30am - 12:30pm - For this short, half-day conference, business owners and managers will learn about relevant resources that are available to them, different modes of diversification, and using your brand to be heard. Call 780.464.8095 or email scedt@strathcona.ca for any questions.

18  **Care Chat - A Support Group for Caregivers** (Common Ground Community Cafe, 50 Brentwood Blvd, Sherwood Park) 9:30 - 11am. 1 in 4 Albertans is a family caregiver. That number is on the rise. Caregiving is a labour of love that is often accompanied by challenges - emotional and practical. At Care Chat we offer practical encouragement, resource access, problem solving, wisdom sharing and so much more. We meet the 1st and 3rd Wednesday of each month. Contact For more information call Bonnie 780.910.6432

19  **Jumping to Conclusions and How to Avoid it** (Strathcona County Community Centre, 2001 Sherwood Drive, Sherwood Park) 12 - 1pm, 6 - 7pm - Strathcona County Community Mediation would like to invite you to a free workshop event: Jumping to Conclusions and How to Avoid it. This workshop will offer some tips and tools on how to recognize when we are making assumptions, how to change the process and avoid the pitfalls of jumping to conclusions. This event is in honor of International Conflict Resolution Day 2017. Many events and workshops are occurring province-wide in celebration. Contact Tara Erickson 780.464.8446 or scem@strathcona.ca

19  **Seniors' Dance and Social** (Log Cabin - attached to the Sherwood Park 55+ Club, 50A Spruce Avenue, Sherwood Park) 6:30 - 10pm. Dance, socialize or just enjoy the live music! Partners and singles welcome. Tickets are \$10 at the door. All Seniors' Dances are located at the Log Cabin (attached to the Sherwood Park 55+ Club) at 50 A Spruce Avenue, Sherwood Park. Doors open at 6:30 p.m. and the dance runs from 7:00 p.m. to 10:00 p.m. Contact Terry at 780.416.3300